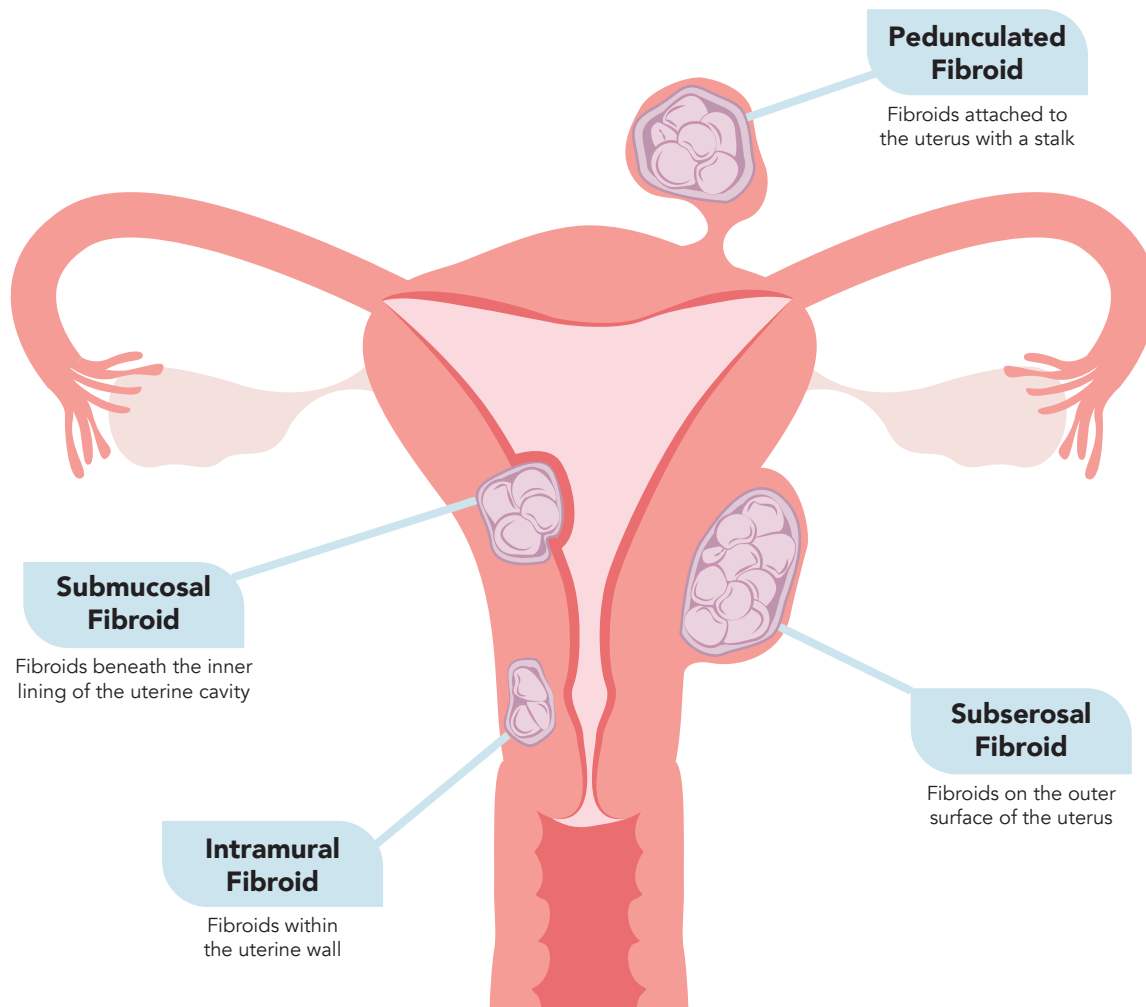


Fibroids are benign tumors (not cancerous) of the smooth muscle of the uterus. Up to 70% of women have fibroids. Some fibroids are small and people don't even know they have them because they have no symptoms. Other fibroids can cause significant symptoms.

There are four different types of fibroids depending on their location.



Symptoms of Fibroids

Symptoms of fibroids can vary depending on the number, type, location, and size of the fibroids.

- **Abnormal Uterine Bleeding** – change in flow and duration of menstrual period
- **Bulk Symptoms** – bigger or multiple fibroids can put pressure on the bowels and/or urinary bladder causing pelvic pain and pressure sensation, discomfort, constipation, difficulty with urination, and painful intercourse
- **Fertility and Pregnancy-Related Concerns**

References

1. De La Cruz MS, Buchanan EM. Uterine Fibroids: Diagnosis and Treatment. Am Fam Physician. 2017 Jan; 95(2):100-107.
2. Lee HJ, Norwitz ER, Shaw J. Contemporary management of fibroids in pregnancy. Rev Obstet Gynecol. 2010; 3(1):20-27.

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